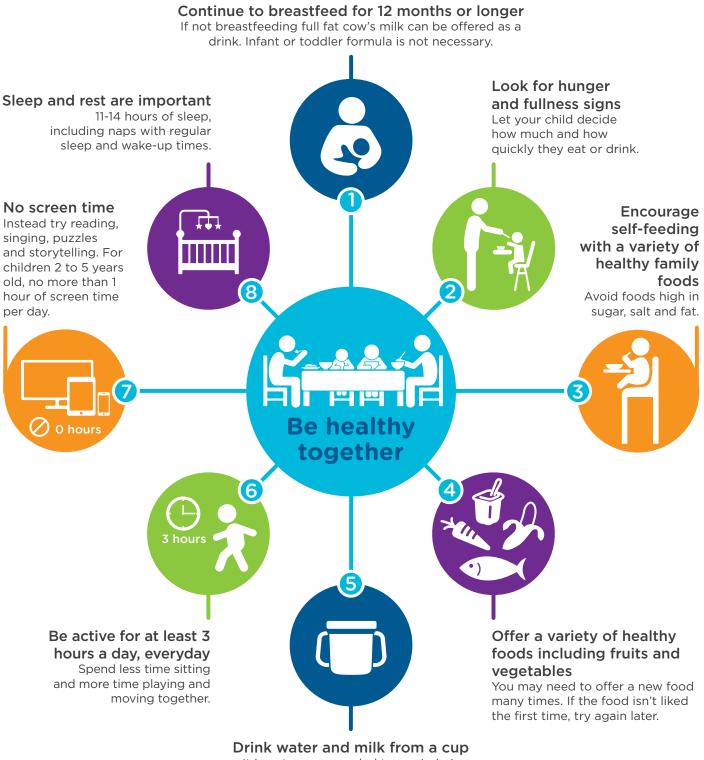
Information is relevant for children aged 12-24 months

## 8 Healthy Habits



It is not recommended to use baby's bottles after 12 months. Avoid juice, soft drink, flavoured milk, tea or cordial.





For more healthy habit tips visit **makehealthynormal.nsw.gov.au** 

For health professional resources visit pro.healthykids.nsw.gov.au